



Upcoming

- <u>ASD Lottery</u> Open now; runs again in July
- Kindergarten Round Up In-Person April 22 @ Wendler
- 2022-2023 Calendar

ASD Programs

ASD Educational Opportunities

Front Office

What information do you need to register for kindergarten?

www.asdk12.org → Families → Enrollment → New Students Enroll

Meet Requirements

- Resident of Muni of Anchorage
- 5 years old on or before Sept. 1, 2022

Registration Information

Gather Documents

- Proof of residency
- Immunization records
- Birth certificate
- Enrollment paperwork

Fall Registration

Returning Students

- Online registration through Q
 ParentConnection
- Online registration
 - Begins April 25, 2022

New-to-District Students

- In-person registration
 - Late July
 - Check ASD website <u>www.asdk12.org</u> for specific dates
- Pre-Enrollment (online)
 - Begins July 15, 2022

Nurse

What medical information do you need to provide to the school?

- Current immunization record
- Allergy information
- Medical history
- Emergency contacts



How Sick is too Sick...

Keep ASD Symptom Free

Family Meetings + Kindergarten Academy

Mid August

- Welcome you into our school and district!
- Build connections
- Answer questions
- Support transition into kindergarten
 - Schedule Family Meetings in August
 - Plan for your child to attend K Academy



To get ready for Kindergarten...

10 Ways to Get Ready For Kindergarten

VOAVOAVOAVOAVOAVOA

- Create a routine over the summer. Set a bedtime (8 p.m. is great!) and stick to it.
- Have your child practice writing his/her first name or practice writing uppercase letters.
- Use counting in daily activities. Count how many steps it takes to get to the mailbox or the park. Count out fruit, napkins, cups, etc.
- Take your child with you to the grocery store, post office, and library. Talk with him/ her about what he/she is seeing, hearing, and touching. It's all part of learning.
- Visit your local library and help your child get a free library eard. Then use the card to visit the library each week and borrow a book.

Talk about the books you read. Ask questions like:

- What was your favorite part of the story?
- Which part did you like the least?
- Throughout the story ask your child what he/ she thinks will happen next and why.

- Let your child practice independence by allowing him/her to make certain choices ("Do you want an apple or a banana?") and by encouraging him/her to try new things. Encourage problem solving!
- Set a limit to the amount of screen time for your child. One hour or less per day is recommended.
- Prepare a "study spot" for your child and supply it with crayons, paper, scissors, and other kindergarten "tools." Set aside time each day for your child to draw or write there. Once school starts, this can become the time and place where your child does his/her homework.
 - Help your child know or be able to do the following before he/she enters kindergarten:
 - Know name, address, and telephone number
 - Use the bathroom independently and button and zip clothes
 - Share and play with other children.
 This will help your child adjust to the new kindergarten setting
 - 10. Read, read, read (in any language)!









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Sleep Matters



Regular Bedtime

Sleep Needs	
Toddlers (1-3 years)	12-14 hours
Preschoolers (3-5 years)	11-13 hours
School-aged (5-12 years)	10-11 hours
Teenagers	8.5-9.5 hours
Adults	8 hours (generally)

Attend to Achieve



Kindergarten students who attend school regularly:

- Score roughly 20% higher in reading
- Score 25% higher in math
- Are less likely to be retained
- Are less likely to have behavior difficulty in school
- Are more likely to maintain positive attendance habits!

Read with your Child



Children who are read to at home daily enjoy a substantial advantage over children who are not.

Children who are read to frequently are more likely to:

Count to 20 or higher Write their own names Read or pretend to read

The more types of reading materials that are in the home, the higher students are in reading proficiency.

Skills



Regulate emotions

Follow directions

Play well with others

Solve small problems

Curriculum

Reading, Math, SEL, [others]

- Reach for Reading
- Heggerty
- Ready Math
- Second Step or Connected & Respected
- Handwriting Without Tears
- Specials (gym, library, music, art, health)
- Lunch & Recess
- W.I.N. (What I Need)